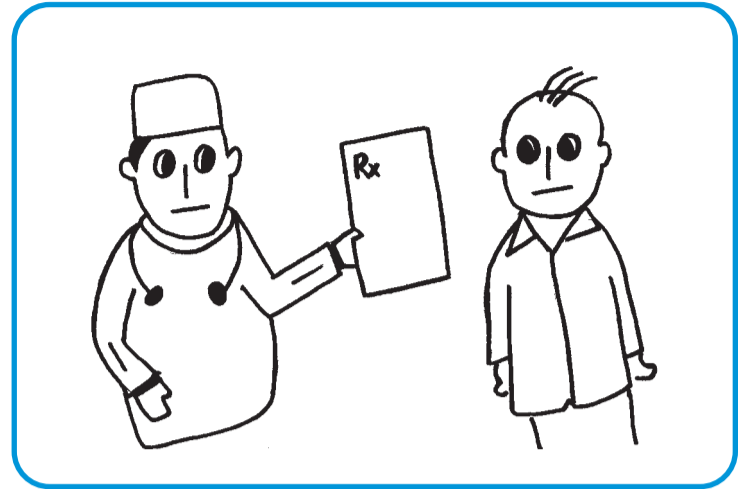


Use antibiotics rationally

Take antibiotics only as prescribed and in the recommended dose and duration.

- Ask your doctor which prescriptions include antibiotics.



If misused, antibiotics will lose effectiveness.

They will no longer kill germs.

This is called "antibiotic resistance".



Many germs are *already resistant* to most antibiotics.



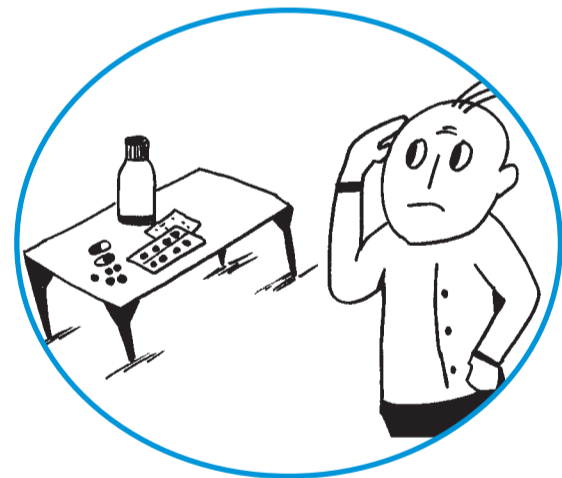
Colds, coughs and most diarrhoeas don't need antibiotic treatment.

- Instead, drink fluids and get plenty of rest.



Don't reuse antibiotics that have been prescribed for previous illnesses. This is called "self-medication". It may lead to resistance or unwanted effects.

- See a doctor if you have fever or are sick for more than three days.



It takes a lot of time and money to develop new antibiotics.

- Help preserve the effectiveness of the ones we have.

Make sure germs don't become resistant to them.



Don't misuse antibiotics.

Future generations will need them too!

